

Practice Management Insight

A Report on Events Affecting Oklahoma Mental Health and Substance Abuse Providers

July 2017

Are You Prepared?

OHCA Passed The Three Day Rule!

Effective September 1st, 2017

Visit the OHCA Website
<http://www.okhca.org/>
Or contact OrionNet Systems
for more information today!

[More Information](#)

National Minority Mental Health Awareness Month

Mental health affects everyone regardless of culture, race, ethnicity, gender or sexual orientation. However, African Americans and Hispanic Americans used mental health services at about one-half the rate of Caucasian Americans in the past year and Asian Americans at about one-third the rate. Without mental health we cannot be healthy. Any part of the body—including the brain—can get sick. We all experience emotional ups and downs from time to time caused by events in our lives. Mental health conditions go beyond these emotional reactions to specific situations. They are medical conditions that cause changes in how we think and feel and in our mood. These changes can alter your life because they make it hard to relate to others and function the way you used to. Without proper treatment, mental health conditions can worsen and make day-to-day life hard.

[More Information](#)

MARK YOUR CALENDAR

July 1-31
National Minority Mental Health Awareness Month
[More Information](#)

National Ice Cream Month

July 1
Post Worker Day

July 4th
Independence Day
[More Information](#)

July 12
Drug Utilization Review Board Meeting
[OHCA](#)

July 20
Medical Advisory Meeting
[OHCA](#)

July 23
[Parents Day](#)



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Messaging Often Fails to Meet HIPAA Requirements

Using a smartphone to send a quick text message or e-mail has become second nature to most of us. But some healthcare providers take advantage of that convenience to communicate with colleagues and patients, not realizing that they could be violating HIPAA regulations by sending protected health information (PHI).

Consultants and attorneys who work with providers on HIPAA compliance say texting PHI is a fairly common problem. SMS text services and Apple's iMessage do not meet HIPAA requirements that insist providers maintain the confidentiality, integrity and availability of PHI.

Among the troubles with text messaging are keeping information from being seen by an unauthorized recipient, keeping it secure, and making sure the information is available in the patient's medical record.

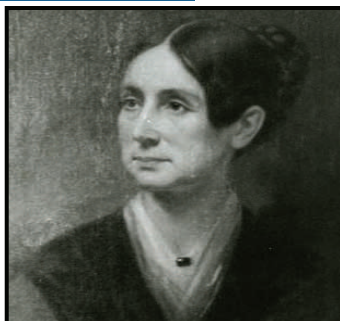
Behavioral providers who would like to use text messaging must exercise caution, says Sharon Hicks, a senior associate with Open Minds, a market research firm focused on health and human services. "Being able to informally communicate with people who are in treatment situations has shown some efficacy in studies," she says, "but the technical aspects of getting it done correctly are arduous and keep people from exploiting the technology as broadly as it could be used."

[More Information](#)

'Architecture Of An Asylum' Tracks History Of U.S. Treatment Of Mental Illness

When I moved to Washington, D.C., in 1962, St. Elizabeth's Hospital was notorious — a rundown federal facility for the treatment of people with mental illness that was overcrowded and understaffed. Opened with idealism and hope in 1855, the facility had ballooned from 250 patients to as many as 8,000. Its vast, rolling patch of farmland had fallen into disrepair, too, in the poorest neighborhood in the U.S. capital.

[More Information](#)



Without Medical Support, DIY Detox Often Fails

By the time Elvis Rosado was 25, he was addicted to opioids and serving time in jail for selling drugs to support his habit.

"I was like, 'I have to kick this, I have to break this,'" he says.

For Rosado, who lives in Philadelphia, drugs had become a way to disassociate from "the reality that was life." He'd wake up physically needing the drugs to function.

His decision to finally stop using propelled him into another challenging chapter of his addiction and one of the most intense physical and mental experiences he could have imagined: detoxing.

[More Information](#)

Save the Date For CEU's

Clinician Activity Training "Progress Notes"

**August 3rd, 2017
10am-12pm**

[Register Today](#)

JULY is...

Juvenile Arthritis Awareness
Month

Nations Cleft & Craniofacial
Awareness & Prevention
Month

Parents Day

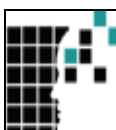
Eye Injury Prevention
Month



Happy Parents Day

July 23th, 2017

honoring parents for the



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Market intelligence to navigate. Management expertise to succeed.

OPEN MINDS
Market intelligence to navigate. Management expertise to succeed.

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SAMHSA

honoring parents for the hard work and raising the next generation.



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